

I will...	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Make my bed							
Make my breakfast							
Tidy my room/a room in the house							
Choose or make my own dinner							
Pick an activity to try from school							
Make a member of my family a drink independently							

Above is a tick chart or sticker chart to encourage independent thinking at home. Your child can get a sticker for each activity they achieve each day and possibly a reward at the end if they can fill in the whole chart!

A few of the boxes have been left blank for you to fill in any extra jobs or skills you may want them to achieve!