

Independence Activities

At Priory Woods, we love to encourage our learners to be as independent as they can. Whilst in lockdown, please can you work on some of these activities at home:

- Make your bed. Try to make your bed nice and tidy each morning. An extra challenge could be to change your sheets and duvet covers!
- Make your own lunch. It could be a sandwich, a salad, beans on toast or something a bit trickier, like a lasagne.
- Tidy up! Can you tidy your own bedroom? When it's nice and clean, then maybe you could tidy another room?
- This is a tricky one! Can you tie your shoelaces? You might need an adult to help you with this. Well done if you can already tie your laces, it's an important skill to have.
- Most of us can't go shopping at the moment, but it's still very important to continue to learn how to work with money. You could set up your own little shop in your home and practice adding up amounts and working out change.

