

When you don't know where to begin, start with



A helping hand for parents and carers

Info on harms • Helpful tips • Useful links

As children get older and more independent, issues that affect them can be harder to spot and deal with.

Learning about potential dangers can give you the knowledge and skills to act if there is a problem. It could also help keep your child safe by preventing problems before they happen.

You know your child best, so if you've got a feeling something's up – you're right not to ignore it. It could be nothing, but it could mean that they need support.

At ParentWise, you'll find information about potential harms, tips on how to have open conversations and links to advice and resources.



When you don't know where to begin, start with ParentWise – a helping hand for parents and carers.