

# How to reduce conflict and anxiety when working with autistic children

A one-day course for teachers, teaching assistants, support staff and SENCOs

This course will demonstrate to you ways that enable your children to relax. The Bamboozle Approach, which is a tried and tested methodology, recognised by the National Autistic Society and Ofsted, will give you strategies to implement in your lessons or workshops immediately.

We will share with you Bamboozle's 30 years of experience in delivering long-term culture-change projects in the autism learning environment as well as our more recent outdoor work with families.

*"The project that you have designed for our children and staff has **inspired and motivated us to change our curriculum** to meet the needs of our pupils in a much more creative and dynamic way. This has led to **happier pupils and much less challenging behaviour.**"* Lynnette Johnson, Headteacher, Lakesides School, Welwyn Garden City.

*"I am so grateful to you all. It has been amazing to see **how quickly Lizzie has relaxed and how much she has talked!** Lizzie often doesn't talk with new people and in new situations, yet here she has chatted happily. Lizzie was allowed to open up in her own time and was enraptured with the activities. This feels **a very happy, magical safe place.**"* Lydia – mother of Lizzie – on Bamboozle's Wildings Outdoor Project

This autism-specific course covers key areas of the Bamboozle Approach which can be applied and integrated into your own practice straight away.

## What you can expect to explore on this course:

- how to create an Enabled Space so that learners on the autism spectrum engage more easily
- see a practical demonstration of how putting a group at ease enables its members to engage
- discover ways that exploratory play builds trust, reduces anxiety and provides child-centred opportunities for expression and learning
- advanced techniques for building connections with children and young people who might be described as being hard-to-reach
- strategies for working with behaviour that challenges us

- verbal and non-verbal ways of reducing anxiety and stress
- and lot, lots more ...

## How to book your place on this course:

- **How to Reduce Conflict and Anxiety when working with autistic students.**  
**BOOKING NOW**  
November 23<sup>rd</sup> 9:30-4:30 Priory Woods  
Fee: £47 [reduced from £167]  
[Click here to book your place](#)

## Other courses in the series

- **How to engage learning disabled students and keep them interested – The Bamboozle Approach explained.** **BOOKING NOW**  
November 22<sup>nd</sup> 9:30-4:30 at Priory Woods  
[Click here for more details](#)

[Click here to book your place](#)

- **Multi Sensory ideas for Complex Needs – including the Engagement Model**  
30 January 2024 at Priory Woods  
Details announced in October  
**BOOKING OPENS 23<sup>rd</sup> October 2023**
- **Using Narrative and Character for learning with SEND pupils**  
31 January 2024 at Priory Woods  
Details announced in October  
**BOOKING OPENS 23<sup>rd</sup> October 2023**

## Tutors

**Christopher Davies** is a director, writer and educator. His work is informed by three fundamental beliefs:

- that it is his job as an educator to provide all young people with the means to find their own voice.
- that young people of all abilities and disabilities flourish when we remove the judgement from the educative process and enable them to find their own agenda in an environment free from fear

- that all young people know more than we think they do, are capable of more than they think they are and have the capacity to surprise us all

Christopher has taught in schools, worked as an advisory drama teacher, and run trainings nationally – for The National Theatre, Shakespeare’s Globe, The RSC - and internationally – including for: Shanghai Children’s Art Theatre, Arts Centre Melbourne, Sydney Opera House, Cairo Festival, Singapore Arts Council and New York University.

He has written two books: *“Creating Multi-Sensory Environments – Ideas for Teaching and Learning”* and *“Dramatic Starts – 17 ways to start a drama session with SEN students”*.

**Dawn Bowden** has worked with Bamboozle for 18 years and is a member of their senior training team. She has delivered across the 3 strands of Bamboozle’s work and has led on a broad range of projects, including at Bamboozle’s ‘Backyard’ – an outdoor project designed for autistic children.

As well as her work with Bamboozle, Dawn is also a qualified Independent Care Act Advocate and in 2016 she established ‘Different Drum Advocacy through the arts’; a group of disabled adults who meet weekly to explore and express the things that matter to them. Currently Dawn is leading on a Bamboozle education/staff development project at Imperial Avenue School’s Dedicated Specialist Provision, which is focussing on developing pupils’ communication and interaction to facilitate learning. Dawn embeds the Bamboozle Approach into ALL her work and finds it to be the key that unlocks; enabling people to say and do much more than they think they ever could.

**Kayleigh Cottam** is an actor and facilitator. She studied devised theatre at Dartington College of Arts and acting at Birmingham School of Acting and Bristol Old Vic.

Since 2012 she has collaborated with Bamboozle on many productions; touring to schools and venues across the UK and to Shanghai. In January 2023 she became part of Bamboozle’s training team where she brings her experience from years of touring shows and working on schools’ projects to deliver training in the Bamboozle Approach to teachers and support staff.

Kayleigh has assisted in the delivery of multiple culture change projects within schools across the UK working with children who have a wide range of needs. She brings with her years of 'on the road' experience from touring shows.

Kayleigh is passionate about creating and performing high quality work for young audiences with additional needs and giving time and space, to understanding what it takes to reach someone who may not see the world as we do.