

# WEEK ONE

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### OPTION

#### #1

BBQ CHICKEN WRAPS

BEEF BOLOGNAISE

SAUSAGE  
Onion and Gravy  
CHEESE PASTIES

 **CHICKEN TIKKA MASALA**  
With Rice

BREADED FISH

### OPTION

#### #2

ASSORTED PANINI'S

  
FISH FINGERS  
CHEESE PIZZA

TOMATO PASTA BAKE

  
SAUSAGE ROLLS  
PIZZA WRAPS

BEEF BURGERS IN BUN

PIZZA

### ON THE SIDE

WEDGES  
Vegetables of the Day

NEW POTATOES  
Vegetables of the Day

MASH  
Vegetables of the Day

NEW POTATOES  
Vegetables of the Day

CHIPS  
Vegetables of the Day

### DESSERT OF THE DAY

VANILLA CAKE

CHOCOLATE CRUNCH CAKE

  
STICKY TOFFEE  
APPLE CRUMBLE  
With Custard

WARMED JAMAICAN GINGER CAKE

ICED SPONGE CAKE

### ALSO AVAILABLE!

SOUP OF THE DAY  
FILLED JACKET POTATOES

### CHECK OUT...

OUR HOT AND COLD  
GRAB & GO SELECTION

### MENU KEY



ADDED PLANT PROTEIN

VEGAN OPTION



SOURCE OF WHOLEMEAL

### ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

# WEEK THREE

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### OPTION

#### #1

### OPTION

#### #2

### ON THE SIDE

### DESSERT OF THE DAY

MINCE SUET  
TOP PIE 

MAC & CHEESE

ASSORTED  
PANINI'S

MASH  
Vegetables of the  
Day

CHOCOLATE  
SPONGE PUDDING

BEEF LASAGNE  
with Garlic Bread



CHICKEN  
NUGGERTS

CHEESE PIZZA 

NEW POTATOES  
Vegetables of the  
Day

APPLE PIE

CHICKEN PIE

TOMATO PASTA  
BAKE  
FISH FINGERS

MASH  
Vegetables of the  
Day

RICE PUDDING 



JERK CHICKEN  
with Rice

CHEESE PASTIES

ASSORTED  
PANINIS 

WEDGES  
Vegetables of the  
Day

JAM & COCONUT  
SPONGE

FISH IN  
BATTER  
with Chips

SOUTHERN FRIED  
CHICKEN  
BURGERS  
PIZZA 

CHIPS  
Vegetables of the  
Day

OATY FLAPJACK 

### ALSO AVAILABLE!

SOUP OF THE DAY  
FILLED JACKET POTATOES

### CHECK OUT...

OUR HOT AND COLD  
GRAB & GO SELECTION

### MENU KEY



ADDED PLANT  
PROTEIN

VEGAN OPTION



SOURCE OF  
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**WEEK TWO**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**OPTION #1**

**MEATBALL & SPAGHETTI**

**CHICKEN PARMO**

**ROAST OF THE DAY**

**CHICKEN ENCHILADAS**

**BATTERED FISH**

**OPTION #2**

**CHICKEN BURGER IN BUN PIZZA**

**CHEESE PASTIES**

**MAC & CHEESE**

**FISH FINGERS**

**SAUSAGES IN BUN**

**ASSORTED PANINI**

**SAUSAGE ROLLS**

**CHEESE PIZZA**

**PIZZA WRAPS**

**ON THE SIDE**

**WEDGES**  
Vegetables of the Day

**MASH**  
Vegetables of the Day

**NEW POTATOES**  
Vegetables of the Day

**WEDGES**  
Vegetables of the Day

Vegetables of the Day

**DESSERT OF THE DAY**

**CHOC ORANGE COOKIE**

**SUMMER FRUIT CRUMBLE**  
With Custard

**FRUIT MUFFINS**

**CAKE**  
With Custard

**CHOCOLATE BROWNIE**

**ALSO AVAILABLE!**

**SOUP OF THE DAY**  
**FILLED JACKET POTATOES**

**CHECK OUT...**

**OUR HOT AND COLD**  
**GRAB & GO SELECTION**

**MENU KEY**

 **ADDED PLANT PROTEIN**  
 **SOURCE OF WHOLEMEAL**  
**VEGAN OPTION**

**ALLERGIES**

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